

Get up & run. Bieg dla Marka the Punisher Piotrowskiego

9.08.2025, Minsk Mazowiecki



BIEG 5,5 km

| OPEN | IMIĘ | NAZWISKO | NR. STARTOWY | PŁEĆ | MIASTO | KLUB | CZAS |
|------|-----------|--------------|--------------|------|------------------|--------------------------------------|----------|
| 1 | Oskar | Machnik | 72 | M | Czestochowa | Grajcar Team | 00:18:23 |
| 2 | Paweł | Jackowicz | 109 | M | Mińsk Mazowiecki | Team 7:30 | 00:19:19 |
| 3 | Maciej | Konarski | 51 | M | Brwinów | OSP Brwinów | 00:19:39 |
| 4 | Taras | Telkovsky | 239 | M | Warsaw | Run_Wawa_Run | 00:19:43 |
| 5 | Paweł | Rokita | 168 | M | Mińsk Mazowiecki | Rakieta Biega Team | 00:20:09 |
| 6 | Marcin | Czajkowski | 34 | M | Nowe Osiny | Rakieta Biega Team | 00:20:35 |
| 7 | Paweł | Tomkiewicz | 97 | M | Mińsk Mazowiecki | - | 00:20:59 |
| 8 | Tomasz | Kowalski | 57 | M | Mińsk Mazowiecki | Rakieta Biega Team | 00:21:15 |
| 9 | Rafal | Gąska | 29 | M | Kraków | Centrum Boks Zabierzów | 00:21:16 |
| 10 | Mateusz | Ziomek | 115 | M | Rzeszów | | 00:21:43 |
| 11 | Marcin | Oskroba | 133 | M | Mińsk Mazowiecki | Champion Sport Life Mińsk Mazowiecki | 00:21:56 |
| 12 | Krzysztof | Grzegorzówka | 283 | M | Otwock | | 00:22:01 |
| 13 | Wojciech | Wyszkow | 126 | M | Białystok | | 00:22:15 |
| 14 | Jakub | Rokicki | 107 | M | Celestynów | Uniq Fight Club | 00:22:30 |
| 15 | Dominik | Pilarski | 146 | M | Warszawa | | 00:22:42 |

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|----|-----------|----------------|-----|---|------------------|---------------------|----------|
| 16 | Artur | Maszkiewicz | 65 | M | Huta Czechy | Gex Gym | 00:22:43 |
| 17 | Kamil | Hentka | 13 | M | Warszawa | UKL Olimpijczyk 112 | 00:22:46 |
| 18 | Tymon | Zawada | 36 | M | Warszawa | | 00:22:48 |
| 19 | Adam | Koselnik | 71 | M | Sulejówek | | 00:23:06 |
| 20 | Dominika | Rembelska | 164 | K | Stara Wieś | | 00:23:18 |
| 21 | Marcin | Szymaniak | 311 | M | Warszawa | | 00:23:22 |
| 22 | Igor | Maliszewski | 3 | M | Mińsk Mazowiecki | | 00:23:39 |
| 23 | Maciej | Mistewicz | 6 | M | Posiadaly | Dreptak | 00:23:47 |
| 24 | Kamil | Wocial | 153 | M | Domanice | | 00:23:50 |
| 25 | Mirek | Serzysko | 202 | M | Mińsk Mazowiecki | | 00:23:53 |
| 26 | Ilona | Książek | 64 | K | Zamienie | Rakieta_Biega_Team | 00:23:59 |
| 27 | Piotr | Czyż | 11 | M | Mińsk Mazowiecki | Team Sosnowa | 00:24:04 |
| 28 | Dariusz | Zawada | 145 | M | Warszawa | Zawada Team | 00:24:15 |
| 29 | Mariusz | Waślicki | 226 | M | Warszawa | 1 BLTr | 00:24:18 |
| 30 | Sława | Umińska-Kajdan | 234 | K | Piekary Śląskie | Lecymy Durś | 00:24:27 |
| 31 | Mariusz | Piotrowski | 263 | M | | | 00:24:37 |
| 32 | Radosław | Truszczyński | 228 | M | Żuków | | 00:24:55 |
| 33 | Katarzyna | Truszczyńska | 227 | K | Żuków | | 00:24:55 |
| 34 | Tomasz | Ruta | 184 | M | Mińsk Mazowiecki | Niezrzeszony | 00:25:05 |
| 35 | Tomasz | Kalinowski | 90 | M | Miągowo | Kaliniak Team | 00:25:07 |

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| 36 | Mateusz | Grzybowski | 40 | M | Białystok | | 00:25:18 |
| 37 | Joanna | Araszkiewicz | 21 | K | Warszawa | | 00:25:18 |
| 38 | Piotr | Iwanowski | 42 | M | Łask | Proyama Łask/Drużyna Mistrzów | 00:25:19 |
| 39 | Jan | Mąsior | 111 | M | Libiąż | | 00:25:36 |
| 40 | Adam | Redlicki | 163 | M | Warszawa | IPPON | 00:25:52 |
| 41 | Michał | Grzegorzówka | 14 | M | Mińsk Mazowiecki | Grzeg | 00:25:53 |
| 42 | | | 128 | | | | 00:25:53 |
| 43 | Paweł | Michalik | 110 | M | Warszawa | Fundacja Wyczyn LFC | 00:25:59 |
| 44 | Tomasz | Kominek | 39 | M | Wolomin | Walhalla Fight Club | 00:26:10 |
| 45 | Paulina | Saczuk-Michalik | 185 | K | Warszawa | AZS-AWF Warszawa | 00:26:17 |
| 46 | Grzegorz | Korsak | 46 | M | Ostrołęka | UKS Clan Ostrołęka | 00:26:23 |
| 47 | Krzysztof | Kościuczyk | 47 | M | Gruszki | Nature Lovers Gruszki | 00:26:33 |
| 48 | Marcin | Kuć | 295 | M | Mińsk Mazowiecki | | 00:26:45 |
| 49 | Tomasz | Bieliński | 312 | M | Mińsk Mazowiecki | MOSIR MINSK MAZOWIECKI | 00:26:49 |
| 50 | Iwona | Nieroda-Zdziebko | 80 | K | Rzeszów | SKF Athletic House | 00:27:18 |
| 51 | Przemysław | Zdziebko | 85 | M | Rzeszów | SKF Athletic House | 00:27:19 |
| 52 | Przemysław | Makulski | 96 | M | Warszawa | JW4191 | 00:27:46 |
| 53 | Mariusz | Golak | 27 | M | Mińsk Mazowiecki | | 00:27:50 |
| 54 | Piotr | Karpiński | 44 | M | Sulejówek | KSW TAE | 00:27:54 |
| 55 | Beata | Kulma | 50 | K | Żuków | | 00:28:02 |

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| 56 | Robert | Szewczyk | 52 | M | Szczytna | | 00:28:03 |
| 57 | Michał | Szubert | 223 | M | Zabierzów | | 00:28:13 |
| 58 | Kinga | Grzegorzówka | 12 | K | Mińsk Mazowiecki | | 00:28:31 |
| 59 | Katarzyna | Grzegorzówka | 284 | K | Otwock | | 00:28:33 |
| 60 | Ewelina | Kaska-Łobodowska | 33 | K | Siennica | FITJOY | 00:28:41 |
| 61 | Maciej | Kacprzak | 86 | M | Warszawa | Uks heros | 00:28:46 |
| 62 | Rafał | Szopa | 16 | M | Kraków | Stowarzysze Sportowe SZOPA Fight Team | 00:28:48 |
| 63 | Jola | Zawiślak | 246 | K | Warszawa | | 00:28:52 |
| 64 | Sebastian | Trzeciński | 231 | M | Glinanka | | 00:28:53 |
| 65 | Konrad | Bujalski | 318 | M | Kosów Lacki | Team ZabieganeDni | 00:28:53 |
| 66 | Robert | Markowski | 99 | M | Wieliczka | MARKOWSCY TEAM | 00:29:07 |
| 67 | Adrian | Świątek | 268 | M | Mińsk Mazowiecki | | 00:29:14 |
| 68 | Łukasz | Dziecioł | 179 | M | Mińsk Mazowiecki | | 00:29:30 |
| 69 | Marek | Antosiewicz | 276 | M | Mińsk Mazowiecki | | 00:29:30 |
| 70 | Konrad | Twardowski | 116 | M | Dębe Wielkie | | 00:29:39 |
| 71 | Nadia | Korda | 104 | K | Paseczno | | 00:29:48 |
| 72 | Dorota | Legat | 63 | K | Mińsk Mazowiecki | | 00:30:00 |
| 73 | Monika | Gniazdowska | 119 | K | Kownaty | | 00:30:05 |
| 74 | Łukasz | Kukawski | 49 | M | Dębe Wielkie | | 00:30:13 |
| 75 | Marlena | Świąch | 130 | K | Mińsk Mazowiecki | MKB Dreptak | 00:30:18 |

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| 76 | Marina | Palii | 306 | K | Legionowo | AZS AWF Warszawa | 00:30:32 |
| 77 | Konrad | Matczuk | 100 | M | Wołomin | Wołomin | 00:30:34 |
| 78 | Jacek | Gałązka | 84 | M | Sokołów Podlaski | KSW Sokołów | 00:30:50 |
| 79 | Piotr | Szczęch | 307 | M | Marki | Klub Bokserski Pięściarz | 00:31:01 |
| 80 | Agnieszka | Wójtowicz | 243 | K | Mińsk Mazowiecki | | 00:31:01 |
| 81 | Łukasz | Kwieciński | 62 | M | Podgórzycze | | 00:31:07 |
| 82 | Wojciech | Gniewek | 38 | M | Minsk Mazowiecki | | 00:31:15 |
| 83 | Marek | Zaidlewicz | 161 | M | Warszawa | | 00:31:26 |
| 84 | Karol | Lisiński | 374 | M | Lipno | | 00:31:35 |
| 85 | Arkadiusz | Nowak | 125 | M | Mińsk Mazowiecki | Złote Kalesony | 00:31:38 |
| 86 | Katarzyna | Chróściel | 83 | K | Biała Podlaska | | 00:32:04 |
| 87 | Tomasz | Cisek | 4 | M | Warszawa | | 00:32:10 |
| 88 | Adrian | Szymczuk | 82 | M | Dębe Wielkie | | 00:32:17 |
| 89 | Piotr | Sulejczyk | 68 | M | Budy Baczackie | ZALATANI 1.BLTr | 00:32:42 |
| 90 | Marek | Kamola | 43 | M | Toruń | Golden Dragon Bydgoszcz | 00:32:53 |
| 91 | Krzysztof | Melgieś | 108 | M | Warszawa | | 00:33:01 |
| 92 | Piotr | Ćwiek | 265 | M | Mińsk Mazowiecki | | 00:33:01 |
| 93 | Hanna | Jackiewicz | 343 | K | Mińsk Mazowiecki | | 00:33:03 |
| 94 | Tomasz | Znój | 256 | M | Polska | Sfora BMK | 00:33:04 |
| 95 | Anna | Zielińska | 255 | K | Minsk Mazowiecki | | 00:33:12 |

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| 96 | Agnieszka | Spodar | 209 | K | Mińsk Mazowiecki | Punisher Gym | 00:33:16 |
| 97 | Bartosz | Spodar | 210 | M | Mińsk Mazowiecki | | 00:33:18 |
| 98 | Alicja | Poreda | 149 | K | Mińsk Mazowiecki | | 00:33:19 |
| 99 | Marzenna | Paluch | 25 | K | Siedlce | NO | 00:33:29 |
| 100 | Mateusz | Dzik | 174 | M | | | 00:33:31 |
| 101 | Marcin | Smolarczyk | 207 | M | Warszawa | | 00:33:48 |
| 102 | Martyna | Kamińska | 31 | K | Nowe Grobice | Ninja Academy Warszawa | 00:34:01 |
| 103 | Maciej | Rybak | 73 | M | Ostrów Wielkopolski | | 00:34:12 |
| 104 | Dominika | Zwierz | 260 | K | Mińsk Mazowiecki | | 00:34:13 |
| 105 | Janek | Żydkiwicz | 273 | M | Mińsk Mazowiecki | | 00:34:16 |
| 106 | Anna | Piotrkowicz | 94 | K | Olesin | Team Piotrkowiczów | 00:34:18 |
| 107 | Mateusz | Szymczuk | 10 | M | Mińsk Mazowiecki | | 00:34:30 |
| 108 | Piotr | Kroczewski | 48 | M | Leszno | AZS-AWF WARSZAWA | 00:34:42 |
| 109 | Piotr | Bartnicki | 127 | M | Warszawa | | 00:34:43 |
| 110 | Beata | Mąsior | 112 | K | Libiąż | | 00:34:46 |
| 111 | Ewelina | Bandych | 28 | K | Mińsk Mazowiecki | | 00:35:01 |
| 112 | Paweł | Czapliński | 279 | M | Radzyn Podlaski | KO Radzyń Podlaski | 00:35:05 |
| 113 | Bartosz | Wójtowicz | 159 | M | Mińsk Mazowiecki | | 00:35:24 |
| 114 | Monika | Pieńkowska | 81 | K | Mińsk Mazowiecki | | 00:35:46 |
| 115 | Kacper | Surdy | 172 | M | | | 00:35:55 |

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| 116 | Paweł | Surdy | 173 | M | | | 00:35:56 |
| 117 | Agata | Zychora | 141 | K | Siennica | | 00:35:59 |
| 118 | Sebastian | Zychora | 262 | M | Siennica | | 00:35:59 |
| 119 | Aleksandra | Wirowska | 188 | K | Warszawa | | 00:36:03 |
| 120 | Agata | Bator | 201 | K | Warszawa | | 00:36:05 |
| 121 | Ewelina | Rudnicka | 257 | K | Mińsk Mazowiecki | | 00:36:12 |
| 122 | Bogna | Gaj | 120 | K | Sierzchów | NW CZŁAPSKI TEAM | 00:36:13 |
| 123 | Agnieszka | Delegacz | 102 | K | Mińsk Mazowiecki | | 00:36:27 |
| 124 | Olga | Jackowicz | 289 | K | Mińsk Mazowiecki | | 00:36:27 |
| 125 | Piotr | Wójcik | 235 | M | Warszawa | | 00:36:42 |
| 126 | Mateusz | Hyjek | 41 | M | Warszawa | Koloseum | 00:36:59 |
| 127 | Arkadiusz | Pogoda | 98 | M | Siewierz | | 00:37:10 |
| 128 | Konrad | Rudnicki | 160 | M | Mińsk Mazowiecki | | 00:37:53 |
| 129 | Krzysztof | Kurkiewicz | 56 | M | Ciechanów | | 00:38:24 |
| 130 | Zuzanna | Andrzejewska | 129 | K | | | 00:38:58 |
| 131 | Dawid | Andrzejewski | 166 | M | Otwock | | 00:38:59 |
| 132 | Anna | Czuchrowska | 89 | K | Warszawa | | 00:39:18 |
| 133 | Jan | Kamiński | 32 | M | Nowe Grobice | Ninja Academy Warszawa | 00:39:18 |
| 134 | Zuzanna | Maszkiewicz | 66 | K | Garwolin | | 00:40:05 |
| 135 | Michał | Cieślukowski | 30 | M | Wołomin | | 00:40:59 |

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| 136 | Krzysztof | Cytryniak | 113 | M | Pruszków | LFC | 00:42:05 |
| 137 | Mariusz | Naskręt | 54 | M | Racot | | 00:43:45 |
| 138 | Agnieszka | Maciążek | 79 | K | Warszawa | | 00:44:34 |
| 139 | Aleksandra | Mąsior | 122 | K | Libiąż | | 00:50:23 |
| 140 | Zbigniew | Raubo | 152 | M | Warszawa | | 00:59:49 |
| 141 | Tomasz | Jackowicz | 294 | M | Mińsk Mazowiecki | | 00:59:49 |

NW 5,5 km

| OPEN | IMIĘ | NAZWISKO | NR. STARTOWY | PŁEĆ | MIASTO | KLUB | CZAS |
|------|------------|------------|--------------|------|---------------------|----------------------------------|----------|
| 1 | Marcin | Zemła | 435 | M | Międzyrzec Podlaski | K.S. Victoria Potęgowo | 00:31:02 |
| 2 | Marcin | Tomczak | 441 | M | Ciechanów | Koci Pazur | 00:31:03 |
| 3 | Dariusz | Borkowski | 443 | M | Siedlce | | 00:34:01 |
| 4 | Michał | Osiński | 365 | M | Mińsk Mazowiecki | Chodzę bo lubię Mińsk Mazowiecki | 00:34:52 |
| 5 | Dorota | Witowska | 442 | K | Cegłów | MKB Dreptak | 00:35:43 |
| 6 | Marcin | Łobodowski | 444 | M | Siennica | FITJOY | 00:38:54 |
| 7 | Adam | Kulik | 446 | M | Łuków | Orlęta Łuków | 00:40:59 |
| 8 | Krystyna | Puchowska | 369 | K | Cegłów | | 00:45:06 |
| 9 | Leszek | Borkowski | 249 | M | Grabianów | NoWi Siedlce - NW Wschód | 00:46:10 |
| 10 | Amelia | Michalczyk | 440 | K | Mińsk Mazowiecki | FitJoy | 00:46:25 |
| 11 | Małgorzata | Całka | 437 | K | Mińsk Mazowiecki | | 00:46:50 |
| 12 | Monika | Kościuczyk | 362 | K | Gruszki | Nature Lovers Gruszki | 00:46:55 |

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| 13 | Ewa | Olkowicz | 117 | K | Mińsk Mazowiecki | | 00:47:25 |
| 14 | Ewa | Kryszkiewicz-Czyż | 438 | K | Mińsk Mazowiecki | Team Sosnowa | 00:47:27 |
| 15 | Przemek | Saleta | 436 | M | Warszawa | | 01:02:01 |
| 16 | Paweł | Laskowski | 92 | M | Dębe Wielkie | | 01:03:26 |
| 17 | Małgorzata | Laskowska | 53 | K | Dębe Wielkie | | 01:06:02 |
| 18 | Bartłomiej | Stadnik | 425 | M | Warszawa | | 01:08:29 |
| 19 | Emilia | Stadnik | 422 | K | Warszawa | | 01:08:30 |
| 20 | Krzysztof | Stadnik | 421 | M | Warszawa | | 01:08:32 |
| 21 | Oliwia | Zaborowska | 433 | K | Warszawa | | 01:12:27 |
| 22 | Hubert | Zaborowski | 434 | M | Warszawa | | 01:12:28 |
| 23 | Anita | Paluch | 450 | K | Siedlce | TEAM ADMIROS | 01:29:30 |
| 24 | Krzysztof | Sadowski | 382 | M | Leszno | TEKWONDO OLIMPIJSKIE UKS 5-TKA LESZNO | 01:29:40 |