

V Bieg Pamięci Powstańców Warszawy  
4.10.2025, Mińsk Mazowiecki



400 m Dziewczęta

| MIEJSCE | IMIĘ      | NAZWISKO     | NUMER | PŁEĆ | MIASTO           | KLUB                                      | CZAS     |
|---------|-----------|--------------|-------|------|------------------|---|----------|
| 1       | Zuzanna   | Wieczorek    | 211   | K    | Mińsk Mazowiecki | Race Fighter Junior                       | 00:01:28 |
| 2       | Emilia    | Truszczyńska | 209   | K    | Żuków            |   | 00:01:33 |
| 3       | Oliwia    | Grzybowska   | 187   | K    | Mińsk Mazowiecki |   | 00:01:38 |
| 4       | Michalina | Piekut       | 198   | K    | Brzózce          |   | 00:01:44 |
| 5       | Zuzanna   | Kryczka      | 190   | K    | Targówka         |   | 00:01:45 |
| 6       | Agata     | Pszonka      | 200   | K    | Ruda             | Race Fighter Junior Gosir<br>Dębe Wielkie | 00:01:46 |
| 7       | Kalina    | Święch       | 208   | K    | Mińsk Mazowiecki |   | 00:01:47 |
| 8       | Marianna  | Skalska      | 205   | K    | Mińsk Mazowiecki |   | 00:01:51 |
| 9       | Amelia    | Lubańska     | 192   | K    | Mińsk Mazowiecki |   | 00:01:57 |
| 10      | Anastazja | Woszczenko   | 212   | K    | Mińsk Mazowiecki |   | 00:02:19 |
| 11      | Karolina  | Bielecka     | 183   | K    | Osiny            | Kajda Athletics                           | 00:01:29 |

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400 m Chłopcy

| MIEJSCE | IMIĘ    | NAZWISKO      | NUMER | PŁEĆ | MIASTO           | KLUB               | CZAS     |
|---------|---------|---------------|-------|------|------------------|--------------------|----------|
| 1       | Adam    | Rowicki       | 201   | M    | Siedlce          | Feniks Siedlce     | 00:01:20 |
| 2       | Gabriel | Swatko        | 206   | M    | Mińsk Mazowiecki |                    | 00:01:23 |
| 3       | Marcin  | Paprocki      | 197   | M    | Siedlce          | MKS Pogoń          | 00:01:27 |
| 4       | Ignacy  | Śnitko        | 207   | M    | Mińsk Mazowiecki | Mazovia            | 00:01:31 |
| 5       | Oskar   | Zdzieszzyński | 213   | M    | Czarnów          | Kondycja Piaseczno | 00:01:37 |

|    |            |           |     |   |                  |   |          |
|----|------------|-----------|-----|---|------------------|---|----------|
| 6  | Mikołaj    | Sadoch    | 204 | M | Królewiec        | Race Fighter Junior                         | 00:01:43 |
| 7  | Rafał      | Garbiec   | 186 | M | Nowa Pogorzał    |   | 00:01:49 |
| 8  | Aleksander | Sabak     | 202 | M | Mińsk Mazowiecki | Race Fighter Junior                         | 00:01:50 |
| 9  | Paweł      | Kuć       | 191 | M | Mińsk Mazowiecki |   | 00:01:50 |
| 10 | Filip      | Burdach   | 184 | M | Mińsk Mazowiecki | Szkoła Podstawowa nr 3 w Mińsku Mazowieckim | 00:01:51 |
| 11 | Radosław   | Duszczyk  | 185 | M | Mińsk Mazowiecki |   | 00:01:52 |
| 12 | Oskar      | Muracki   | 195 | M | Mińsk Mazowiecki |   | 00:02:06 |
| 13 | Leon       | Bednarski | 182 | M | Mińsk Mazowiecki |   | 00:02:40 |
| 14 | Andrzej    | Krasuski  | 189 | M | Mińsk Mazowiecki |   | 00:03:26 |

600 m Dziewczęta

| MIEJSCE | IMIĘ      | NAZWISKO      | NUMER | PŁEĆ | MIASTO           | KLUB                                   | CZAS     |
|---------|-----------|---------------|-------|------|------------------|--|----------|
| 1       | Zuzanna   | Zgutka        | 237   | K    | Ruda             | Race Fighter Junior Dębe Wielkie       | 00:02:10 |
| 2       | Tosia     | Musiałkiewicz | 223   | K    | Targówka         | Race Fighter Junior                    | 00:02:14 |
| 3       | Oliwia    | Skrobisz      | 232   | K    | Mińsk Mazowiecki | Race Fighter junior                    | 00:02:15 |
| 4       | Gabriela  | Łobodowska    | 221   | K    | Siennica         | RaceFighter Junior GOSiR Dębe Wielkie  | 00:02:17 |
| 5       | Iga       | Pietrzak      | 225   | K    | Mińsk Mazowiecki | Mińsk Mazowieckie                      | 00:02:18 |
| 6       | Martyna   | Pszonka       | 227   | K    | Ruda             | Race Fighter Junior Gosir Dębe Wielkie | 00:02:27 |
| 7       | Alicja    | Buśko         | 214   | K    | Mińsk Mazowiecki |  | 00:02:37 |
| 8       | Katarzyna | Szczepaniuk   | 233   | K    | Mińsk Mazowiecki | Racefighter Junior Gosir Dębe Wielkie  | 00:02:43 |
| 9       | Karolina  | Sądej         | 231   | K    | Mińsk Mazowiecki |  | 00:03:20 |

## 600m Chłopcy

| MIEJSCE | IMIĘ   | NAZWISKO   | NUMER | PŁEĆ | MIASTO            | KLUB                | CZAS     |
|---------|--------|------------|-------|------|-------------------|---------------------|----------|
| 1       | Kacper | Żaboklicki | 238   | M    | Józefów K Otwocka | OKS Otwock          | 00:02:06 |
| 2       | Piotr  | Witek      | 236   | M    | Mińsk Mazowiecki  |                     | 00:02:10 |
| 3       | Kacper | Sadoch     | 229   | M    | Królewiec         | Race Fighter Junior | 00:02:14 |
| 4       | Tymon  | Lubaszka   | 219   | M    | Stojadła          |                     | 00:02:19 |
| 5       | Dawid  | Sadoch     | 230   | M    | Królewiec         | Race Fighter Junior | 00:02:24 |
| 6       | Miłosz | Garbiec    | 215   | M    | Nowa Pogorzal     |                     | 00:02:42 |
| 7       | Filip  | Nowakowski | 224   | M    | Mińsk Mazowiecki  |                     | 00:02:48 |
| 8       | Wojtek | Szymczyk   | 234   | M    | Warszawa          |                     | 00:02:51 |
| 9       | Olaf   | Muracki    | 222   | M    | Mińsk Mazowiecki  |                     | 00:03:05 |

## 1000m dziewczęta

| MIEJSCE | IMIĘ       | NAZWISKO         | NUMER | PŁEĆ | MIASTO           | KLUB                | CZAS     |
|---------|------------|------------------|-------|------|------------------|---------------------|----------|
| 1       | Laura      | Komorzycka       | 241   | K    | Mińsk Mazowiecki | Race Fighter Junior | 00:03:26 |
| 2       | Maja       | Podolska         | 244   | K    | Otwock           |                     | 00:03:26 |
| 3       | Julia      | Lubańska         | 242   | K    | Mińsk Mazowiecki |                     | 00:03:40 |
| 4       | Kornelia   | Piotrowska Lipka | 243   | K    | Mińsk Mazowiecki | Race Fighter        | 00:03:42 |
| 5       | Aleksandra | Bącik            | 239   | K    | Gołszyn          |                     | 00:04:16 |
| 6       | Wiktoria   | Czyżowka         | 240   | K    | Nowa Pogorze     |                     | 00:06:25 |

## 1500m chłopcy

| MIEJSCE | IMIĘ      | NAZWISKO    | NUMER | PŁEĆ | MIASTO           | KLUB  | CZAS     |
|---------|-----------|-------------|-------|------|------------------|---|----------|
| 1       | Krzysztof | Szczepaniuk | 249   | M    | Mińsk Mazowiecki | Zespół Szkół<br>Ekonomicznych Mińsk<br>Mazowiecki | 00:04:30 |
| 2       | Antoni    | Godlewski   | 247   | M    | Mokobody         | Skf Orlik Mokobody                                | 00:05:15 |
| 3       | Kacper    | Michaluk    | 248   | M    | Łosice           | Sha-le-ni   | 00:05:17 |

## 100m (bez klasyfikacji)

| MIEJSCE | IMIĘ       | NAZWISKO     | NUMER | PŁEĆ | MIASTO           | KLUB                | CZAS     |
|---------|------------|--------------|-------|------|------------------|---------------------|----------|
| 1       | Nataniel   | Swatko       | 167   | M    | Mińsk Mazowiecki |                     | 00:00:21 |
| 1       | Igor       | Zdziszyński  | 179   | M    | Czarnów          | Kondycja Piaseczno  | 00:00:21 |
| 1       | Julia      | Truszczyńska | 170   | K    | Żuków            |                     | 00:00:21 |
| 1       | Michalina  | Sitek        | 163   | K    | Mińsk Mazowiecki |                     | 00:00:21 |
| 1       | Kornelia   | Burdach      | 151   | K    | Mińsk Mazowiecki | Przedszkole Bajka   | 00:00:22 |
| 1       | Magdalena  | Wójcik       | 176   | K    | Mińsk Mazowiecki |                     | 00:00:22 |
| 1       | Marcel     | Zgutka       | 180   | M    | Ruda             | Race Fighter Junior | 00:00:23 |
| 1       | Aleksandra | Stańczak     | 165   | K    | Cyganka          |                     | 00:00:23 |
| 1       | Antonina   | Furtak       | 153   | K    | Mińsk Mazowiecki | Race Fighter Junior | 00:00:23 |
| 1       | Malwina    | Woszczenko   | 175   | K    | Mińsk Mazowiecki |                     | 00:00:25 |
| 1       | Wincent    | Kuczyński    | 158   | M    | Warszawa         |                     | 00:00:27 |
| 1       | Franciszek | Skalski      | 164   | M    | Mińsk Mazowiecki |                     | 00:00:27 |
| 1       | Jagoda     | Buśko        | 152   | K    | Mińsk Mazowiecki |                     | 00:00:30 |
| 1       | Przemysław | Szczęsny     | 168   | M    | Mińsk Mazowiecki |                     | 00:00:30 |
| 1       | Kacper     | Kaczmarczyk  | 156   | M    | Cielechowizna    |                     | 00:00:30 |
| 1       | Karolina   | Nowakowska   | 161   | K    | Mińsk Mazowiecki |                     | 00:00:31 |
| 1       | Mieszko    | Szymczyk     | 169   | M    | Warszawa         |                     | 00:00:33 |

|   |          |                   |     |   |                  |   |          |
|---|----------|-------------------|-----|---|------------------|---|----------|
| 1 | Filip    | Markowicz         | 159 | M | Mińsk Mazowiecki |   | 00:00:37 |
| 1 | Lena     | Strusińska-Gujcka | 166 | K | Mińsk Mazowiecki | UltraLena                                     | 00:00:41 |
| 1 | Liliana  | Zgutka            | 181 | K | Ruda             |   | 00:00:45 |
| 1 | Lena     | Zagańczyk         | 178 | K | Mińsk Mazowiecki | Przedszkole Miejskie NR.6<br>Mińsk Mazowiecki | 00:00:45 |
| 1 | Oliwier  | Muracki           | 160 | M | Mińsk Maz        |   | 00:00:56 |
| 1 | Wiktoria | Wójtowicz         | 177 | K | Mińsk Mazowiecki |   | 00:01:03 |

BIEG 7 km

| OPEN | IMIĘ      | NAZWISKO     | NUMER | PŁEĆ | MIASTO                   | KLUB                  | KATEGORIA WIEKOWA | MIEJSCE W KATEGORII | CZAS     |
|------|-----------|--------------|-------|------|--------------------------|-----------------------|-------------------|---------------------|----------|
| 1    | Adam      | Wasilewski   | 106   | M    | Mińsk Mazowiecki         | Team 7:30             | OPEN 1 M          | 1                   | 00:24:12 |
| 2    | Paweł     | Jackowicz    | 34    | M    | Mińsk Mazowiecki         | Team 7:30             | OPEN 2 M          | 2                   | 00:26:22 |
| 3    | Maciej    | Mistewicz    | 71    | M    | Piaseczno Obszar Wiejski | MKB Dreptak           | OPEN 3 M          | 3                   | 00:26:26 |
| 4    | Jan       | Dzięcielski  | 15    | M    | Mińsk Mazowiecki         | DTZ                   | M15-19            | 1                   | 00:27:00 |
| 5    | Kamil     | Zadrożny     | 118   | M    | Kąty                     | Team Kopeć            | M30               | 1                   | 00:27:10 |
| 6    | Marcin    | Czajkowski   | 11    | M    | Nowe Osiny               | Rakieta Biega Team    | M30               | 2                   | 00:27:22 |
| 7    | Łukasz    | Dzięcielski  | 16    | M    | Mińsk Mazowiecki         | DTZ                   | M40               | 1                   | 00:27:52 |
| 8    | Krystian  | Paliszewski  | 77    | M    | Nowe Miasto              | Wojti Running Team    | M20               | 1                   | 00:28:11 |
| 9    | Kamil     | Wesołowski   | 107   | M    | Mińsk Mazowiecki         |                       | M30               | 3                   | 00:28:25 |
| 10   | Michał    | Kąkol        | 39    | M    | Karolina                 | RaceFighter           | M30               | 4                   | 00:28:43 |
| 11   | Tomasz    | Kowalski     | 52    | M    | Mińsk Mazowiecki         | Rakieta Biega Team    | M40               | 2                   | 00:28:45 |
| 12   | Oskar     | Sulich       | 92    | M    | Mińsk Mazowiecki         |                       | M15-19            | 2                   | 00:28:49 |
| 13   | Radosław  | Truszczyński | 102   | M    | Żuków                    |                       | M40               | 3                   | 00:29:52 |
| 14   | Jacek     | Furtak       | 17    | M    | Mińsk Mazowiecki         | aza Lotnictwa Taktycz | M30               | 5                   | 00:30:13 |
| 15   | Sylwester | Kozłowski    | 53    | M    | Mińsk Mazowiecki         |                       | M30               | 6                   | 00:30:41 |

|    |           |              |     |   |                  |                        |          |    |          |
|----|-----------|--------------|-----|---|------------------|------------------------|----------|----|----------|
| 16 | Kamil     | Hentka       | 32  | M | Warszawa         | JKL OLIMPIJCZYK 11     | M30      | 7  | 00:30:52 |
| 17 | Sławomir  | Krasuski     | 54  | M | Budy Barcząckie  | Iskra Kotuń            | M50      | 1  | 00:31:12 |
| 18 | Jacek     | Gruba        | 26  | M | Targówka         |                        | M30      | 8  | 00:31:30 |
| 19 | Jarosław  | Zapart       | 121 | M | Sulejów          | Drużyna X              | M50      | 2  | 00:31:35 |
| 20 | Marcin    | Nowomiejski  | 75  | M | Lublin           | Rakieta Biega Team     | M40      | 4  | 00:31:50 |
| 21 | Mirosław  | Sujak        | 90  | M | Mińsk Mazowiecki | MKB Dreptak            | M60+     | 1  | 00:31:55 |
| 22 | Maja      | Tomkiewicz   | 100 | K | Mińsk Mazowiecki |                        | OPEN 1 K | 1  | 00:31:57 |
| 23 | Anna      | Jarek        | 35  | K | Mińsk Mazowiecki | Rakieta_Biega_Team     | OPEN 2 K | 2  | 00:31:58 |
| 24 | Tomasz    | Zieliński    | 123 | M | Warszawa         | a Lotnictwa Transportu | M40      | 5  | 00:32:11 |
| 25 | Damian    | Michaluk     | 69  | M | Łosice           | Sha-Le-Ni              | M40      | 6  | 00:32:17 |
| 26 | Ilona     | Książek      | 58  | K | Zamienie         | Rakieta Biega Team     | OPEN 3 K | 3  | 00:32:36 |
| 27 | Filip     | Bolakhau     | 78  | M | Łódź             |                        | M20      | 2  | 00:32:38 |
| 28 | Adam      | Bugajski     | 6   | M | Warszawa         | Dead on Arrival        | M50      | 3  | 00:32:48 |
| 29 | Marek     | Podolski     | 79  | M | Otwock           | Kijkomania             | M40      | 7  | 00:33:04 |
| 30 | Wojciech  | Skuza        | 83  | M | Dobre            |                        | M15-19   | 3  | 00:33:16 |
| 31 | Marcin    | Malka        | 67  | M | Mińsk Mazowiecki | m 8:00 Mińsk Mazow     | M40      | 8  | 00:33:31 |
| 32 | Andrzej   | Stankiewicz  | 88  | M | Aleksandrow      | Ekipa Kuromi           | M40      | 9  | 00:33:32 |
| 33 | Katarzyna | Truszczyńska | 101 | K | Żuków            |                        | K30      | 1  | 00:33:32 |
| 34 | Anita     | Burdach      | 126 | K | Mińsk Mazowiecki | MKB Dreptak            | K30      | 2  | 00:33:44 |
| 35 | Grzegorz  | Borowski     | 5   | M | Pilawa           | Stopka Pilawa          | M20      | 3  | 00:33:58 |
| 36 | Sebastian | Kępka        | 40  | M | Biała Podlaska   |                        | M40      | 10 | 00:33:59 |
| 37 | Renata    | Grzechnik    | 28  | K | Mińsk Mazowiecki | MKB Dreptak            | K50+     | 1  | 00:34:05 |
| 38 | Tomasz    | Kominek      | 45  | M | Wolomin          | Walhalla Fight Club    | M30      | 9  | 00:34:06 |
| 39 | Michał    | Garbiec      | 20  | M | Nowa Pogorzał    | 2GPR                   | M30      | 10 | 00:34:07 |
| 40 | Dariusz   | Król         | 55  | M | Mińsk Mazowiecki | Team 8:00              | M40      | 11 | 00:34:08 |

|    |           |                  |     |   |                  |                        |        |    |          |
|----|-----------|------------------|-----|---|------------------|------------------------|--------|----|----------|
| 41 | Dawid     | Stefaniak        | 89  | M | Warszawa         | KSP                    | M30    | 11 | 00:34:16 |
| 42 | Ewa       | Grudzińska       | 27  | K | Mińsk Mazowiecki | MKB Dreptak            | K40    | 1  | 00:34:34 |
| 43 | Marcin    | Łobodowski       | 65  | M | Siennica         | Dzieje się             | M40    | 12 | 00:34:40 |
| 44 | Grzegorz  | Soborski         | 84  | M | Wegorzewo        | 2 GPR                  | M40    | 13 | 00:34:47 |
| 45 | Łukasz    | Hackiewicz       | 31  | M | Siedlce          | Brak                   | M40    | 14 | 00:35:03 |
| 46 | Szymon    | Wadas            | 104 | M | Mińsk Mazowiecki | niezależni biegacze MM | M40    | 15 | 00:35:10 |
| 47 | Marcin    | Kuć              | 59  | M | Mińsk Mazowiecki |                        | M30    | 12 | 00:35:10 |
| 48 | Krzysztof | Kociszewski      | 43  | M | Nowa Wieś        | Warszawiaky            | M60+   | 2  | 00:35:17 |
| 49 | Krystian  | Więclawski       | 110 | M | Mińsk Mazowiecki | 2 GPR                  | M20    | 4  | 00:35:18 |
| 50 | Marcin    | Kośnik           | 48  | M | Mińsk Mazowiecki |                        | M30    | 13 | 00:35:34 |
| 51 | Dawid     | Król             | 56  | M | Warszawa         | HOBBYHOUSE.PL          | M40    | 16 | 00:35:38 |
| 52 | Daniel    | Caliński         | 7   | M | Latowicz         |                        | M30    | 14 | 00:35:39 |
| 53 | Paweł     | Kowalewski       | 50  | M | Mińsk Mazowiecki |                        | M40    | 17 | 00:36:04 |
| 54 | Bartosz   | Kotwica          | 49  | M | Dobre            |                        | M15-19 | 4  | 00:36:05 |
| 55 | Adrian    | Wielgorski       | 109 | M | Siedlce          |                        | M30    | 15 | 00:36:10 |
| 56 | Adam      | Wiącek           | 108 | M | Mińsk Mazowiecki |                        | M30    | 16 | 00:36:16 |
| 57 | Monika    | Wolska           | 113 | K | Lublin           |                        | K40    | 2  | 00:36:25 |
| 58 | Sebastian | Trzeciński       | 103 | M | Glinanka         |                        | M30    | 17 | 00:36:26 |
| 59 | Barłomiej | Zych             | 148 | M | Mińsk Mazowiecki |                        | M15-19 | 5  | 00:36:40 |
| 60 | Artur     | Zych             | 125 | M | Mińsk Mazowiecki | MKB Dreptak            | M50    | 4  | 00:36:40 |
| 61 | Michał    | Grzegorzówka     | 30  | M | Mińsk Mazowiecki | Grzeg                  | M30    | 18 | 00:36:47 |
| 62 | Dominik   | Nowakowski       | 74  | M | Mińsk Mazowiecki |                        | M40    | 18 | 00:36:55 |
| 63 | Aneta     | Skalska          | 82  | K | Mińsk Mazowiecki | MKB Dreptak            | K30    | 3  | 00:36:56 |
| 64 | Ewelina   | Kaska-Łobodowska | 38  | K | Siennica         | FITJOY                 | K40    | 3  | 00:36:59 |
| 65 | Jarosław  | Markowski        | 68  | M | Siedlce          |                        | M40    | 19 | 00:37:01 |

|    |           |              |     |   |                        |                          |        |    |          |
|----|-----------|--------------|-----|---|------------------------|--------------------------|--------|----|----------|
| 66 | Anna      | Kowalska     | 51  | K | Mińsk Mazowiecki       | Rakieta Biega Team       | K40    | 4  | 00:37:14 |
| 67 | Maciej    | Biegalski    | 4   | M | Mińsk Mazowiecki       |                          | M20    | 5  | 00:37:35 |
| 68 | Maja      | Śnitko       | 98  | K | Mińsk Mazowiecki       | Race Fighter Junior      | K15-19 | 1  | 00:38:21 |
| 69 | Hubert    | Kopeć        | 47  | M | Mińsk Mazowiecki       |                          | M20    | 6  | 00:38:22 |
| 70 | Łukasz    | Zagańczyk    | 119 | M | Mińsk Mazowiecki       |                          | M30    | 19 | 00:38:23 |
| 71 | Robert    | Szewczyk     | 95  | M | Szczytna               |                          | M40    | 20 | 00:38:53 |
| 72 | Jarosław  | Szeląg       | 94  | M | Warszawa               |                          | M50    | 5  | 00:38:55 |
| 73 | Kinga     | Grzegorzówka | 29  | K | Mińsk Mazowiecki       |                          | K30    | 4  | 00:39:12 |
| 74 | Beata     | Kulma        | 60  | K | Cyganka                |                          | K40    | 5  | 00:39:18 |
| 75 | Kazimierz | Traczyk      | 171 | M | Hipolitów              |                          | M50    | 6  | 00:39:18 |
| 76 | Dorota    | Legat        | 62  | K | Mińsk Mazowiecki       | Rakieta Biega Team       | K30    | 5  | 00:39:23 |
| 77 | Maciej    | Kacprzak     | 37  | M | Warszawa               | Uks heros                | M40    | 21 | 00:39:29 |
| 78 | Edyta     | Walicka      | 105 | K | Otwock                 | Brak                     | K40    | 6  | 00:39:33 |
| 79 | Mariusz   | Golak        | 23  | M | Mińsk Mazowiecki       |                          | M30    | 20 | 00:39:34 |
| 80 | Katarzyna | Chróściel    | 9   | K | Biała Podlaska         |                          | K40    | 7  | 00:39:44 |
| 81 | Arkadiusz | Nowak        | 73  | M | Mińsk Mazowiecki       | Złote Kalesony           | M40    | 22 | 00:39:49 |
| 82 | Janusz    | Miller       | 70  | M | Mińsk Mazowiecki       | Team 8:00                | M40    | 23 | 00:40:22 |
| 83 | Szymon    | Gańko        | 19  | M | Warszawa               |                          | M30    | 21 | 00:40:22 |
| 84 | Marian    | Ziółek       | 124 | M | Nowe Miasto Nad Pilicą |                          | M60+   | 3  | 00:40:26 |
| 85 | Barbara   | Zajac        | 120 | K | Mińsk Mazowiecki       | 2 GPR                    | K30    | 6  | 00:40:27 |
| 86 | Kamil     | Łaski        | 64  | M | Warszawa               | Brak                     | M30    | 22 | 00:40:32 |
| 87 | Marcin    | Madziar      | 66  | M | Mińsk Mazowiecki       |                          | M40    | 24 | 00:40:53 |
| 88 | Hanna     | Jackiewicz   | 33  | K | Mińsk Mazowiecki       |                          | K50+   | 2  | 00:41:21 |
| 89 | Klaudia   | Wolska       | 112 | K | Pionki                 | bazza lotnictwa taktyczn | K20    | 1  | 00:41:29 |
| 90 | Filip     | Wolski       | 114 | M | Mińsk Mazowiecki       | bazza Lotnictwa Taktycz  | M20    | 7  | 00:41:29 |

|     |            |             |     |   |                  |                       |        |    |          |
|-----|------------|-------------|-----|---|------------------|-----------------------|--------|----|----------|
| 91  | Krystian   | Szóstak     | 96  | M | Wołomim          |                       | M30    | 23 | 00:41:58 |
| 92  | Grzegorz   | Kita        | 41  | M | Warsaw           | SMP                   | M50    | 7  | 00:42:02 |
| 93  | Mirosław   | Szczepaniuk | 93  | M | Mińsk Mazowiecki |                       | M50    | 8  | 00:42:03 |
| 94  | Aleksandra | Wójtowicz   | 116 | K | Mińsk Mazowiecki |                       | K30    | 7  | 00:42:13 |
| 95  | Wojciech   | Kurach      | 61  | M | Garwolin         |                       | M50    | 9  | 00:42:21 |
| 96  | Paulina    | Rozbicka    | 80  | K | Mińsk Mazowiecki |                       | K30    | 8  | 00:42:34 |
| 97  | Marcin     | Ściechowski | 97  | M | Mińsk Mazowiecki |                       | M40    | 25 | 00:42:48 |
| 98  | Janusz     | Cupriak     | 10  | M | Dęblin           |                       | M50    | 10 | 00:42:50 |
| 99  | Julia      | Komorzycka  | 46  | K | Mińsk Mazowiecki |                       | K15-19 | 2  | 00:42:53 |
| 100 | Monika     | Gniazdowska | 22  | K | Kownaty          |                       | K20    | 2  | 00:42:59 |
| 101 | Andrzej    | Sowa        | 86  | M | Garwolin         | Klub 100 Półmaratonów | M40    | 26 | 00:43:03 |
| 102 | Marta      | Zglińska    | 122 | K | Sulejówek        |                       | K15-19 | 3  | 00:43:09 |
| 103 | Eliza      | Grabarczyk  | 25  | K | Cyganica         | SLO                   | K15-19 | 4  | 00:43:10 |
| 104 | Sylvia     | Sankowska   | 81  | K | Mińsk Mazowiecki | 23BLT                 | K40    | 8  | 00:43:10 |
| 105 | Piotr      | Sulejczyk   | 91  | M | Budy Baczackie   | ZALATANI 1.BLTr       | M50    | 11 | 00:43:15 |
| 106 | Weronika   | Tkaczyk     | 99  | K | Mińsk Mazowiecki |                       | K20    | 3  | 00:43:24 |
| 107 | Urszula    | Dzięcielska | 14  | K | Mińsk Mazowiecki | DTZ                   | K40    | 9  | 00:43:31 |
| 108 | Marcin     | Golaś       | 24  | M | Mińsk Mazowiecki | Audax Poland          | M40    | 27 | 00:43:49 |
| 109 | Agnieszka  | Gańko       | 18  | K | Rososz           |                       | K50+   | 3  | 00:44:32 |
| 110 | Agnieszka  | Wójtowicz   | 115 | K | Mińsk Mazowiecki |                       | K30    | 9  | 00:44:35 |
| 111 | Agnieszka  | Spodar      | 87  | K | Mińsk Mazowiecki |                       | K40    | 10 | 00:45:29 |
| 112 | Marlena    | Augustyniak | 2   | K | Mińsk Mazowiecki |                       | K40    | 11 | 00:45:56 |
| 113 | Dawid      | Paździoch   | 150 | M | Mińsk Mazowiecki |                       | M20    | 8  | 00:47:26 |
| 114 | Emilia     | Jasinowska  | 36  | K | Międzyzród       | Nauczyciele           | K50+   | 4  | 00:48:40 |
| 115 | Małgorzata | Czyżowska   | 12  | K | Nowa Pogorzała   | ZSZ nr 2 Mechanik     | K40    | 12 | 00:48:51 |

|     |          |           |     |   |                  |      |     |    |          |
|-----|----------|-----------|-----|---|------------------|------|-----|----|----------|
| 116 | Bartosz  | Wójtowicz | 117 | M | Mińsk Mazowiecki |      | M30 | 24 | 00:49:24 |
| 117 | Ewelina  | Bandych   | 3   | K | Mińsk Mazowiecki |      | K40 | 13 | 00:49:25 |
| 118 | Diana    | Witowska  | 111 | K | Niedziałka Druga |      | K30 | 10 | 00:49:33 |
| 119 | Iwona    | Kitler    | 42  | K | Mińsk Mazowiecki |      | K30 | 11 | 00:49:34 |
| 120 | Zbigniew | Kokoszka  | 44  | M | Mińsk Mazowiecki | 2GPR | M50 | 12 | 00:51:28 |

Nordic walking 7 km

| OPEN | IMIĘ       | NAZWISKO           | NUMER | PŁEĆ | MIASTO           | KLUB                   | CZAS     |
|------|------------|--------------------|-------|------|------------------|------------------------|----------|
| 1    | Marcin     | Tomczak            | 143   | M    | Ciechanów        | Koci pazur             | 00:46:15 |
| 2    | Janusz     | Komorzycki         | 131   | M    | Mińsk Mazowiecki |                        | 00:46:37 |
| 3    | Łukasz     | Koksa              | 130   | M    | Chodów           | Koksa Family Team      | 00:48:19 |
| 4    | Dorota     | Witowska           | 145   | K    | Cegłów           | MKB Dreptak            | 00:49:15 |
| 5    | Marlena    | Święch             | 142   | K    | Mińsk Mazowiecki | MKB Dreptak            | 00:52:46 |
| 6    | Marta      | Zdanowicz          | 147   | K    | Stanisławów      | K.S. Victoria Potęgowa | 00:55:09 |
| 7    | Artur      | Popis              | 137   | M    | Mińsk Mazowiecki | FitJoy                 | 00:55:19 |
| 8    | Monika     | Mioduszewska       | 133   | K    | Mińsk Mazowiecki |                        | 00:56:12 |
| 9    | Janusz     | Szymański          | 141   | M    | Mińsk Mazowiecki |                        | 00:56:51 |
| 10   | Agnieszka  | Garbiec            | 129   | K    | Nowa Pogorzał    | 2GPR                   | 00:57:55 |
| 11   | Magdalena  | Piekut             | 136   | K    | Mińsk Maz        |                        | 01:00:17 |
| 12   | Małgorzata | Tryfon-Fidelus     | 144   | K    | Warszawa         |                        | 01:00:50 |
| 13   | Krystyna   | Puchowska          | 138   | K    | Cegłów           |                        | 01:01:14 |
| 14   | Agnieszka  | Bartnicka          | 149   | K    | Warszawa         |                        | 01:02:03 |
| 15   | Katarzyna  | Sitarska           | 139   | K    | Barcząca         | 2GPR                   | 01:06:19 |
| 16   | Anna       | Osipiuk-Woszczenko | 135   | K    | Mińsk Mazowiecki | 2.GPR                  | 01:06:21 |
| 17   | Jolanta    | Skarzyńska-Tryfon  | 140   | K    | Warszawa         |                        | 01:09:02 |